



601-410-1831

Post-Procedure Aftercare Instructions

Please read, understand, and follow these instructions carefully

By initialing, I state that I have received verbal and written post-procedure instructions from Shana Style Blushing and I understand them, and agree to call 601-410-1831 with any questions or concerns.

Client Initials: _____

Date: _____

Practitioner: _____

	Eyebrows	Lips	Eyeliner
What to Expect	Slight swelling or soreness with varying degrees of redness. The color will appear 30–40% darker than when healed. This treatment is not considered complete until the 6-week touch-up is finished. Fairer complexions will tend to be more pink or red.	Day of procedure: Swelling may occur, and the color will appear 40% darker, and lip color can appear more red and feel chapped or dry. This treatment is not considered complete until the 6-week touch-up is finished.	Various degrees of swelling may occur. The color will appear 40% darker than when healed. This treatment is not considered complete until the 6-week touch-up is finished, and may require a 3rd touch-up to obtain the density desired. You can sleep propped up or on your back to reduce swelling. Dry healing process for aftercare. If eyes are weeping or tearing, pat lightly to dry with soft tissue.
How to Care for Your Permanent Makeup	Day of procedure: Pat lightly to remove any fluid with soft tissue every 10 min for the first 2 hours. Day 2: Wash brows lightly with warm water & mild soap using fingertips. Continue to remove lymphatic fluid every few hours with damp cotton. Day 2–7: Continue to wash lightly as above. Apply a small amount of After Inked or grape seed oil 1x daily in A.M. using Q-tip. Day 3–6: Repeat washing & apply grapeseed oil. Peeling or sloughing may occur. DO NOT PICK!	Day 1: No moisture to the lips, except gently patting the lips with a damp clean cotton pad every 10 min for the first 2 hrs after the service. After 2 hrs pat the lips with a damp clean cotton pad every 1–2 hrs only to remove lymphatic fluid. Day 2: Wash lips with mild soap & water using fingertips. Rinse and pat lightly to dry. Continue to pat the lips every 2–3 hrs with a damp clean cotton pad to remove clear lymphatic fluid.	Day of procedure & Day 2: Wash eyes with mild soap and water, using fingertips. Rinse well and lightly pat dry. Apply nothing. Day 3–6: Morning and nighttime wash with mild soap and water (no scrubbing). Next, apply a small amount of grapeseed oil with a Q-tip to the lash line. No makeup (mascara/eyeliner) to the eyes. Change your pillowcase nightly.
What to Avoid	Avoid placing your face directly into a shower & avoid: night creams, moisturizers, active skin creams, Retin-A, soaps, facial cleansers, on pigmented area. Avoid direct sunlight while healing. Avoid picking or scratching brows while healing.	Avoid extended wear lipsticks & plumping gloss. Avoid teeth bleaching for 3 weeks. Avoid getting your lips wet & salt. Avoid high sodium foods (for at least the first 3 days). Avoid all things listed under What to Avoid for Brows.	Avoid: eye creams, Latisse & lash growth products, moisturizers, Retin-A, lash tinting, lash extensions and false lashes for 2 weeks following procedures.
What to Notice	Infections are extremely rare; however, if a red ring appears around your brows, seek medical attention. Brows may weep for the first few days, so change your pillowcase nightly.	Lips may weep the first few days; change your pillowcase nightly. Lips tend to fade 40–50% and color can hide for the first 2-week period before blooming over the following 28 days.	Your eyeball should NOT become more red! You must seek medical attention immediately if you see signs of bloodshot eyes or pus in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication.

** At the first sign of infection, we advise you to consult your physician. **



601-410-1831

Follow For All Procedures

Please observe these guidelines throughout your healing process

A touch-up procedure is required to consider any PMU procedure complete. Forfeiting the 6–12 week touch-up may affect retention and long-term results, and must be performed in this time frame after the initial procedure to be considered a touch-up, and to obtain best results. Rescheduling or cancelling your 6-week touch-up will require additional touch-up costs, and there is no guarantee the artist can fit your appointment into this time frame. Thank you for understanding.

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with your back to the shower head to avoid water, shampoo, or conditioner getting into the pigmented area.
- Avoid dirt (as in gardening) and extreme perspiration (the gym) for the first week to prevent possible infection.
- Don't be alarmed if pigment comes off onto a Q-tip when applying aftercare ointments.
- Don't be alarmed by fading after the first application. Final color can't be judged until 2 weeks post-procedure.
- Never use topical antibiotics unless given to you at the time of your procedure, with specific instructions.
- If planning a chemical peel, MRI, or other medical procedure, please notify your technician that you have an iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on the upper lip or a Photo Facial using IPL, notify your laser specialist of your cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- To donate blood, it is a Red Cross policy to wait one year after any tattooing procedure.

Client Signature: X _____

Date: ___ / ___ / _____

Practitioner: _____

Date: ___ / ___ / _____